Omentin-1 levels in patients with premature coronary artery disease, metabolic syndrome and healthy controls. Short communication

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**Objectives.** Omentin-1 is an adipokine which could have a protective role against the manifestation of atherosclerosis. Only limited data are available on omentin-1 serum values in patients with premature clinical manifestations of atherosclerosis.

**Design and Methods.** We tested omentin-1 in human serum by ELISA method in 61 individuals with a premature manifestation of coronary artery disease (CAD), 40 patients with metabolic syndrome and 40 healthy control subjects.

**Results.** Omentin-1 serum levels were significantly lower in patients with CAD (103.1±62.7 mg/L) compared to metabolic syndrome (668.2±339.6 mg/L) and healthy subjects (623.0±373.5 mg/L) \((P<0.01)\). In CAD patients, omentin-1 serum levels did not differ between patients sampled in the acute phase of myocardial infarction \((n = 28; 110.3±82.4\text{ mg/L})\) and in the chronic phase several months or years after myocardial infarction \((n = 33; 97.0±39.3\text{ mg/L})\) \((P = 0.41)\). We found a weak positive correlation between omentin-1 and body mass index \((r = 0.21, P = 0.014)\). No significant correlation was found between peak cardiac troponin T and omentin-1 \((\text{correlation coefficient } r = 0.118, P = 0.406)\).

**Conclusion.** Serum omentin-1 seems to be a useful biomarker of coronary artery disease across the whole age spectrum.

**Key words:** omentin-1, acute myocardial infarction, coronary artery disease, premature manifestation, adipokines, ELISA

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**INTRODUCTION**

Omentin-1 (intelectin-1, intestinal lactoferin receptor, endothelial lectin HL-1, galactofuranose-binding lectin) is a newly identified secretory protein that is highly and selectively expressed in the visceral relative to the subcutaneous adipose tissue (adipokine). The mature omentin-1 is a secretory glycoprotein consisting of 295 aminoacids and 1-linked oligosacharides, and its basic structural unit is a 120-kDa homotrimer in which 40-kDa polypeptides are bridged by disulfide bonds. Omentin has been identified in other tissues at lower expression levels such as Paneth cells, endothelial cells, and visceral adipose stromal-vascular cells\textsuperscript{1}.

A homologue of omentin has been identified which shares 83% amino acid identity with omentin-1 and is referred to as omentin-2. Two omentin genes, omentin 1 and omentin 2, are localized adjacent to each other in a chromosomal region which has been linked to type 2 diabetes in several populations\textsuperscript{2}. Omentin-1 has been shown to be the major circulating isoform in human plasma.

A recent study has found that patients on hemodialysis had a low serum concentration of omentin-1 \(\text{[ref.1]}\). Another recent study has suggested a strong association between decreased omentin-1 levels in serum and peripheral artery disease (PAD) and its severity\textsuperscript{4}. Decreased serum omentin-1 levels in could be considered as an independent predictive marker of the presence and disease activity of inflammatory bowel disease\textsuperscript{5}. Omentin-1 is also an adipokine with anti-inflammatory effects that has been associated with different metabolic disorders\textsuperscript{6}.

Recent studies have shown that omentin-1 values were decreased in older men and women with coronary artery disease\textsuperscript{7,8}. However, the role of omentin-1 in the pathophysiology of coronary artery disease and its early manifestation in younger people is not well defined.

**MATERIALS AND METHODS**

The study was approved by the Ethics Committee of University Hospital Olomouc, Czech Republic. A total of 40 non-obese healthy individuals, 40 individuals with metabolic syndrome and 61 individuals with premature coronary artery disease (CAD; males aged 18-45 and females 18-55 years) were recruited for the study. Metabolic syndrome was defined according to the standard harmonized definition\textsuperscript{9}. All patients with CAD had a history of...
acute myocardial infarction, defined by the Third universal
definition\(^\text{10}\).

Fasting blood samples were taken from the cubital vein
after a several-minutes rest in a half-sitting position. In CAD
patients, blood was sampled either during index hospitaliza-
tion for acute myocardial infarction or in the chronic phase
several months or years after myocardial
infarction.

Serum samples were separated in a cooled centrifuge
(4 °C) at 3000 g for 20 min and stored at -80 °C. Time
between sampling and centrifugation was standardized
between 15-30 min. Omentin-1 serum levels in human
serum were determined quantitatively by a sandwich
ELISA assay (Max002 Dynatech, Biovendor, Brno, Czech
Republic). Standards, quality controls and samples were
incubated at 37 °C in microplate wells pre-coated with
polyclonal anti-human omentin-1 antibody. After 120 min
incubation and washing, biotin labelled polyclonal anti-
human omentin-1 antibody was added and incubated at
37 °C with captured omentin-1 for 30 min. After another
washing, streptavidin-HRP conjugate was added. After
30 min incubation at 37 °C and the last washing step, the
remaining conjugate was allowed to react with the sub-
strate solution (TMB). The reaction was stopped by the
addition of an acidic solution and the absorbance of the
resulting yellow product was measured. The absorbance
was proportional to the concentration of omentin-1.

To validate the reliability of the assay, we tested the
limit of detection and the precision of the assay. The limit
of detection of the assay was 0.5 mg/L and the limit of
quantification (analytical the limit of the detection multi-
plied by sample dilution) was 1.1 mg/L; the intra-assay co-
efficient of variation (CV) was less than 6% and inter-assay
coefficient of variation (CV) were always less than 12%.

The data obtained were processed by the Medcalc soft-
ware (Medcalc, Mariakerke, Belgium). The value of \( P <
0.05 \) was considered as statistically significant. Because
of anomalous data distributions of evaluated parameters,
Spearman’s correlation coefficients were used to establish
the association between omentin-1 levels and the other pa-
rameters. Comparison of omentin-1 serum values between
subjects with and without AIM were performed by either
the Student’s t test or Mann-Whitney test according to the
data distribution. All data are presented as medians and/
or means ± standard deviation. ROC curves with AUC
were prepared.

RESULTS

The study analysed 141 subjects – 61 patients with
premature CAD, 40 patients with metabolic syndrome
and 40 healthy controls. Mean age in the premature CAD,
metabolic syndrome and control groups was 42.7±6.9,
61.5±10.7 and 35.5±9.4 years respectively. There was a
predominance of males (72.7%, 87.5% and 82.5%) in all
groups. 48 (78.7%) patients in the CAD group had a his-
tory of acute ST elevation myocardial infarction (STEMI).
The remaining 13 had a history of non-ST elevation myo-
cardial infarction (NSTEMI). No patient had a history
of heart failure.

Omentin-1 serum levels were found to be significantly
lower in patients with premature CAD (103.1±62.7 mg/L)
compared to metabolic syndrome (668.2±339.6 mg/L) and
healthy subjects (623.0±373.5 mg/L) \(( P < 0.01)\) (Fig. 1). In CAD patients, omentin-1 serum levels did not
differ between patients sampled in the acute phase
during the first 5 days after acute myocardial infarction
(28 patients; 110.3±82.4 mg/L) and in the chronic phase
several months or years after myocardial infarction (33
patients; 97.0±39.3 mg/L) \(( P = 0.41)\).

Omentin-1 value was not found to be dependent on the
extent of myocardial infarction as assessed by the peak of
cardiac troponin T (cTnT) in the acute phase: the mean
troponin cTnT in the acute phase of myocardial infarction
in CAD patients was 3150.9±3361.4 ng/L (normal upper
reference limit is 14 ng/L). No significant correlation was
found between peak cTnT and Omentin-1 (correlation
coefficient \( r = 0.118, \ P = 0.406)\).

Mean body mass index (BMI) was significantly higher
in patients with metabolic syndrome (35.0±3.2 kg/m\(^2\))
compared to CAD patients (28.7±5.0 kg/m\(^2\)) and healthy
controls (27.5±1.7 kg/m\(^2\) \(( P < 0.001)\). We found a weak
positive correlation between omentin-1 and body mass
index (BMI; \( r = 0.21, \ P = 0.014)\).

DISCUSSION

The study showed that patients with premature CAD
had significantly lower serum omentin-1 levels than pa-
tients with metabolic syndrome and healthy controls.

To our knowledge, this is the first study to assess omen-
tin-1 levels in “young” patients with premature manifesta-
tions of atherosclerosis. Our results are in concordance
with previous studies in older patients. In postmenopausal
women who had undergone coronary angiography, pa-
tients with angiographic CAD had significantly decreased

![Fig. 1. The box plots showing distribution of omentin-1 values (in mg/L) in patients with premature coronary artery disease (1), metabolic syndrome (2) and healthy controls (3). Middle lines in the boxes represent the medians, lower and upper box hinges represent the 25th and 75th percentile, upper and lower line ends represent the 1.5 interquartile range, separate points represent the outliers.](Image 304x147 to 539x315)
omentin-1 levels, compared to those without CAD (ref.7). Similarly, older males, mean age 63 years with CAD had markedly lower plasma levels of omentin-1 than control subjects. In patients with metabolic syndrome, omentin-1 levels inversely correlated with the presence and angiographic severity of CAD (ref.11).

Another interesting new observation in our study is that omentin-1 levels in CAD patients did not differ between patients with acute myocardial infarction and patients in the chronic phase of CAD. In another recent study (KOZANI), at baseline, the acute myocardial infarction group also had significantly lower omentin-1 values, as well as ejection fraction, high-density lipoprotein serum levels, and higher concentrations of white blood cells (WBC), hsCRP, IL-18 and chemerin compared with healthy controls ($P < 0.05$) (ref.12). After 6 months of follow-up, the concentrations of omentin-1 levels in the KOZANI study considerably increased within the AMI group.

In middle aged white healthy adults, the reliability of single time point measurements of omentin-1 was found to be excellent and similar to results from the same patients 4 months later. It is likely that only one analysis of omentin-1 in serum is sufficient and the test does not have to be repeated.

In one study, omentin-1 levels in blood inversely correlated with BMI, waist circumference, leptin levels, and insulin resistance as measured by the homeostasis model assessment and positively correlated with adiponectin and HDL levels. In contrast, we found a weak but positive correlation between omentin-1 and BMI. Further studies in larger populations are needed to more precisely assess the relation of omentin-1 to BMI.

Recent data have shown a rather strong relationship between physical exercise and circulating omentin-1 levels as well as an increase in adipokine in response to 6-weeks endurance training in obese women. These findings hint at a skeletal muscle-adipose tissue crosstalk in regard to omentin-1 regulation.

CONCLUSION

In conclusion, patients with premature CAD had significantly lower omentin-1 serum levels than patients with metabolic syndrome and healthy subjects. Thus, omentin-1 is a potential biomarker of CAD across the whole age spectrum of patients. Further studies are needed to determine whether its assessment identifies people "at risk" of cardiovascular events in apparently healthy individuals. Possible future therapies leading to increase in omentin-1 might have a protective effect against the CAD and other atherosclerotic vascular diseases.

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Conflicts of interest statement: None declared.

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